

President's Message

JOCELYNE M. FLIGER. MSW



Elder Care Services' has been addressing the quality of life for seniors in Leon County for nearly 50 years. As it was in 1970, we can only survive and help seniors in Tallahassee and the Big Bend with support from our friends in the community. With the dedication of each individual who contributes in some way to our mission, we are able to keep seniors living happily in their homes, independent, and connected to others. 2019 was a year of many opportunities and big accomplishments.

As a gerontological social worker by education, and a community advocate by passion, I am excited to be at the helm of this fantastic and dedicated organization. Elder Care is a cornerstone of the Tallahassee community and an organization with a history of dedicated services to our area's most vulnerable. Being a part of this agency is fulfilling a life goal of mine- to be able to dedicate my talents and passion to a worthwhile cause at an organization that does it so well. Elder Care is embedded in the social fabric of north Florida and a leader on both the state and national level.

As I am look at these impacts for 2019, I am excited for both where we were last year and where we are headed. None of these accomplishments would be possible without the dedicated staff, critical community partnerships, big-hearted volunteers, and generous donors. Thank you for making our mission of serving seniors and their caregivers possible.

With many thanks,

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Senior Highlight

Jeff and Jean Smith have been served by the In-Home Services department at Elder Care Services since 2015. Jeff is quadriplegic and has a number of other health concerns including diabetes. His wife Jean is his primary caregiver but she also faces several health conditions making it difficult for her to walk and hear.

A direct care worker comes to their home every morning to help Mr. Smith get up using a lift to place him in his motorized wheelchair. She then fixes their meals for the day and ensures that Mr. Smith's blood sugar is at an appropriate level. This care worker also provides hygienic care for Mr. Smith, including toileting. One day a week they also have an afternoon care worker providing homemaking.

The direct care worker providing morning services for Mr. and Mrs. Smith has been working with them for several years. They have established a close bond that goes beyond her scheduled services. On days off from work she may call and check in on them. When our office closed due to a hurricane, the care worker continued to travel to their home. She wanted to make sure that Mr. and Mrs. Smith had all the necessary supplies for the shut down and were safe before and after the storm. She frequently checks in to monitor Mr. Smith's blood sugar levels and ensure that they have food appropriate for his health condition.

With the high level of care Mr. Smith requires, he would not be able to stay at home without Elder Care Services. Mrs. Smith is not able to lift him to provide hygienic care and without assistance with food their health would suffer. They cannot afford to move into an assisted living facility together. After 40 years of marriage they love taking care of each other and this program helps them enjoy their years together in their home.



The Need



in 2018, over 16 million Americans provided unpaid care for someone with dementia. For 66% of these caregivers, the senior lives in the home with them.



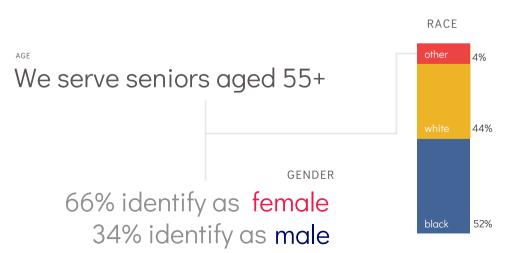
The 65+ age group represents 13% of Leon County's total population. This is the fastest growing age group, growing at an annual rate of nearly 6% per year during 2010-2018.



Late-life depression affects nearly 6 million older Americans, yet only 10% of them receive any treatment. 16%

The percentage of seniors in Leon County who live at or below the poverty line

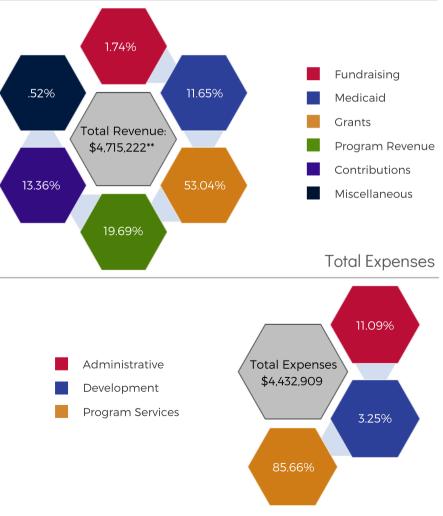
Demographic Breakdown



Financial Stewardship

Elder Care Services is able to provide kind and compassionate care due to the persistent grant pursuits, generous donors and many wonderful volunteers. Last year, we received \$503,573 of in-kind revenue to support our organization, which consisted of volunteer time and mileage, the donation of commercial creative design, food, client supplies and building space. We finished 2019 with a solid increase in net assets of \$472,191 since last year.

Total Revenue



^{**}Elder Care Services, Inc. deducted all non-operating income and investment gains or losses from the Total Revenue calculation.

Our Services



Nutrition Services

Meals on Wheels (hot & frozen) are delivered on weekdays to homebound seniors and to 8 congregate meal sites.



Elder Day Stay

EDS provides continuous care to adults with dementia as well as respite for caregivers. Monday through Friday, 7:30am to 5:30pm.



In-Home Services

In-Home Services care for frail, functionally impaired and homebound seniors as an alternative to nursing home placement.



Senior Volunteer Program

Seniors 55 years or older are placed in vital volunteer roles that enrich the quality of life of the senior and their community.



Senior Outreach Services

SOS Specialists are the first contact for seniors seeking help and may provide material aid as well as answer questions and connect seniors to appropriate resources.

Provide 120,333 meals to seniors in Leon County, 82,511 were delivered directly to the senior at home.



1,114 CLIENTS SFRVFD



Care for 69 seniors with cognitive or physical disabilities at our day center



Support 208 seniors with care in their home, including homemaking, personal care, and counseling,



Engage over 1,500 community members with our Senior Volunteer Programs



Distribute 2,584 material aid items & provide 273 seniors with crucial utility assistance



Partners

Throughout the year, the generosity of our partners sustains our programs through a mix of in-kind and financial support. This support includes everything from event sponsorship to volunteer work - all contributing to our mission of providing community based, compassionate care to seniors in the Big Bend.

Alsco

American Audio Visual, Inc.

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Cade & Associates Advertising, Inc.

Community Human Service

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Tallahassee Beer Society
Tallahassee Brew Bus
Tallahassee Latter Day Saints

Temple Israel

The German Club of Tallahassee

The Pavilion at The Centre of Tallahassee

The Wine House Tri-Eagle Sales

Trinity United Methodist Church United Way of Northwest Florida United Way of the Big Bend

WCTV News WTXL ABC 27 Yellow Cab 103.1 The Wolf

Endowment Contributions

Elizabeth O. Clemons Fund Annie S. Harris Fund Neora G. Janssen Fund James M. & Theresa A. Crotegu Fund Tom Longerbeam Fund Lizanne Moncrief Fund William H. Moncrief Fund

Elma W. Patronis Meals on Wheels Fund

Private Contributions

Whether a one time gift or a recurring monthly gift, the private contributions from our humble supporters ensure we have the necessary resources to serve the seniors of our community. We thank you for all you do!

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Trinity United Methodist Church

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COMMUNITY-BASED, COMPASSIONATE CARE

Elder Care Services is the leading provider of community-based senior care. Since our founding in 1970, we have been driven by compassionate and generous community members. In addition to dedicated professional staff, over 800 individuals give thousands of hours of service each year, from delivering Meals on Wheels, to providing companionship, and supporting events. Together with our community partners, our mission is to improve the quality of life for seniors and their caregivers.

SENIOR ADMINISTRATION

Jocelyne Fliger, President & Chief Executive Officer
Caroline Leitner, HR & Office Management
Ramona Brookins, Chief Financial Officer
Michael Henderson, VP, Nutrition & Kitchen Operations
Zoila Huston, In-Home & Community Services
Matthew Vossler, Volunteers & Engagement
Nicole Ballas, Development
Lexi de León, Elder Day Stay



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